



# Ski Expedition Gear List

Ski or Snowboard Gear (gear favorites are skier-centric)

- Skis or Splitboard with touring bindings fit to boots. Current favorites: Black
  Diamond Helio skis (104 waist) and Helio 200 bindings, or on the fatter side, the
  Armada Tracer (118 waist).
- Backcountry ski or snowboard boots Current favorite: Salomon S/Lab MTN
- Skins Cut to fit skis or splitboard. Current favorite: Black Diamond Glidelite
- Poles Current favorite: Les Baton d'Alain. 3 section poles recommended for split boarders.
- Beacon Digital beacon less than 10 years old. 3 Antennae beacons only.
   Current favorite: Mammut S or Barryvox.
- Probe 240 cm minimum. Current favorite: Black Diamond Quickdraw Carbon
   320
- Shovel Must have a metal blade and shaft. Current favorite: Black Diamond
   Evac 7 or Transfer LT
- Helmet Helmets must be appropriate for skiing/mountaineering. Current favorite: Petzl Meteor
- Ski strap longer length (500mm+) is more useful. Current favorite: G3 straps

## Technical Equipment

- Ice axe Shorter (45-55 cm) axes fit on the pack better and work well in steep terrain. Current favorite: Petzl Ride
- Boot crampons Steel crampons. Current favorite: Petzl Leopard or Irvis

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- Light harness Low profile and lightweight is a plus. Your harness should be easy to put on with skis or crampons on your feet. Current favorite: Petzl Altitude
- Ski crampons (March-May trips) Check fit to bindings and skis. Current favorite: Dynafit
- Glacier travel and rescue gear 4 locking carabiners, 6 non locking carabiners, belay/rappel device ex. Petzl Reverso, rope grab device ex: Petzl Nano Traxion, sewn 48" runner, 4' 6mm cord, 5' 6mm cord, 20' 6mm cord.
- Optional Ascent Plates: These can be great for getting up the steep and deep slopes. Both Verts and Billygoats are great. Billygoats must be pre-fit to your boots and require crampons to be affixed to the boots, but are lower profile in the pack.

Clothing: Expect to encounter conditions as low as -20 F to as high as 50F between March and June in bigger alpine terrain in Alaska.

- Warm hat Less bulk works well with lightweight helmets
- Sun hat Something with a brim, high ventilation encouraged, optional midwinter.
- Face covering A synthetic Buff is nice.
- **Puffy jacket** Warm synthetic insulated jacket that fits over outer layers. Current Favorite: Patagonia DAS Parka
- Waterproof shell jacket Able to tolerate both snow and light rain. Current favorite: Black Diamond Highline
- **Insulating layers** (fleece, down, synthetic) No cotton. Current favorites: Patagonia R1 and Nano Air jackets.
- Synthetic base layer top Current favorite: Patagonia Capeline

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- · Synthetic base layer bottom Current favorite: Patagonia Capeline
- Synthetic underwear Current Favorite: Patagonia Capeline
- Shell pants Hardshell tends to work better than soft-shell for most skiing conditions. Current favorite: Patagonia Stormstride pants.
- Synthetic Puffy Pants Full side zips make the pants much more functional.
- 2-3 Pairs of warm waterproof/shell gloves A lighter pair for uphill travel and a warmer pair for downhill/cold temps works well. Current favorite: Black Diamond Legend and Guide gloves, Showa 282-02 TemRes
- 1 Pair very warm ski gloves or mittens Current Favorite: Black Diamond Guide Gloves
- Warm ski socks Multiple pairs required. Happy feet are essential! Current favorite: Patagonia Merino socks
- Heavy Socks For hanging in camp
- Synthetic Fill Booties For lounging in camp and giving the feet a break.
   Overboots can be a good addition to these for protection.
- · Optional Lightweight soft shell layers, sun hoody.

## Overnight Gear

- Sleeping bag -20 F rated for most trips, by mid-May-June a 0 F may work. For questions please check with guide.
- Sleeping pads One full length closed cell foam, and one full length inflatable.
   Current favorite: Therm-a-rest Neo Air X Therm
- Toiletries kit hand sanitizer, eye care, teeth care, toilet paper (one roll) and lighter, individual wet wipes
- Over the counter or prescription medications if necessary





Optional: Earplugs, Pillow stuff sack Current favorite: Hyperlite Stuff Sack
 Pillow, pee bottle for the tent

### Personal Gear

- Eating equipment Bowl, spoon, mug.
- Lunch food 2-3 pounds of lunch food. a combination of favorite snacks and sport foods such as gels/ bars/gummies for climbing days. Other lunch foods will be provided, this is to supplement that food.
- 1.5-2 Liters of water/sports drink containers Insulated if temperatures are below freezing
- Headlamp Check your batteries. Bring a second set of batteries, or even better, a second headlamp. Current favorite: Petzl Actik Core.
- Sunglasses Photo chromatic lenses help with varying light conditions. Current favorite: Julbo Shield
- Goggles Multiple lens options preferred, go lighter tint if only using one lens.
   Current favorite: Zeal Optics.
- Sunscreen Optional mid-winter but nice by mid-February
- Lip Balm High SPF preferable
- Various stuffsacks A variety of sizes helps to stay organized in the tent.
- Ski Pack 35-50 liter capacity. Current Favorite: Black Diamond Cirque 35
- Optional: Camera, hand and foot warmers, lip balm, ski scraper, skin wax, FRS radio, external battery with cords for small electronics, headphones, solar panel, Gaia GPS or OnX Backcountry mapping app downloaded onto your smartphone. Crazy Creek Original style folding chair. Books/Kindle.