

Elliot Gaddy

Gaddy Guiding LLC

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Gear List

Backcountry Ski Day

Ski/Snowboard Gear

- **Skis or Splitboard** with touring bindings fit to boots. Current favorites: Black Diamond Helio skis (105 waist) and Helio 200 bindings.
- **Backcountry ski or snowboard boots** Current favorite: Salomon S/Lab MTN
- **Skins** cut to fit skis/splitboard. Current favorite: Black Diamond Glidelite
- **Poles** adjustable poles can be nice, but simple one piece poles tend to be more durable. Current favorite: Les Baton d'Alain
- **Beacon** digital beacon less than 10 years old. 3 Antennae beacons only. Current favorite: Mammut S or Barryvox.
- **Probe** 240 cm minimum. Current favorite: Black Diamond Quickdraw Carbon 320
- **Shovel** must have a metal blade and shaft. Current favorite: Black Diamond Evac 7 or Deploy
- **Helmet** recommended. Helmets must be appropriate for skiing/mountaineering. Current favorite: Petzl Meteor
- **Ski crampons** (March-May trips) check fit to bindings and skis. Current favorite: Dynafit
- **Ski strap** longer length (500mm+) is more useful. Current favorite: G3 straps

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Clothing

- **Warm hat** less bulk works well with lightweight helmets
- **Sun hat** something with a brim, high ventilation encouraged, optional midwinter.
- **Face covering** a synthetic Buff is nice. These are important for windy or extra cold conditions.
- **Puffy jacket** warm synthetic insulated jacket that fits over outer layers. Current Favorite: Patagonia Hyperpuff
- **Waterproof shell jacket** able to tolerate both snow and light rain. Current favorite: Black Diamond
- **Insulating layers** (fleece, down, synthetic) No cotton.
- **Synthetic base layer top** Current favorite: Patagonia Capeline
- **Synthetic base layer bottom** Current favorite: Patagonia Capeline
- **Shell pants** hardshell tends to work better than soft-shell for most skiing conditions. Current favorite: Patagonia Stormstride pants.
- **2 pairs of warm waterproof/shell gloves** a lighter pair for uphill travel and a warmer pair for downhill/cold temps works well. Current favorite: Black Diamond Legend and Guide gloves
- **Warm ski socks** Current favorite: Patagonia Merino socks

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Personal Gear

- **Lunch food** pack for a full day, about 1,500 calories usually works. Pick food that is actually appetizing. Current favorites: Cheese, smoked meats, pretzels, cold pizza, Clif shot blocks, Jelly Belly sport beans, smoked salmon, chocolate, the list goes on...
- **1-1.5 Liters of water/sports drink** insulated containers if temperatures are below freezing. Avoid long hoses on bottles, they often freeze solid on colder winter days.
- **Headlamp** Alaska can be quite dark mid-winter, check your batteries. Current favorite: Petzl Actik Core
- **Sunglasses** photo chromatic lenses help with varying light conditions. Current favorite: Julbo Shield
- **Goggles** multiple lens options preferred, go lighter tint if only using one lens. Current favorite: Julbo
- **Sunscreen:** optional mid-winter but nice by mid-February
- **Backpack:** 25-40 liter capacity, a bag designed for skiing is preferable. Current favorite: Black Diamond Cirque 35
- **Optional:** camera, hand and foot warmers, lip balm, ski scraper, skin wax, mittens, FRS radio., blister kit